



# HOW SMART™ WOMEN BEAT STRESS AND BUSINESS BURNOUT!



## DR. BARNSELEY BROWN

**President, Spirited Solutions:  
Professional Speaking, Training, & Coaching**

Dr. Barnsley Brown is a self-proclaimed “steel magnolia” in a long line of strong Southern women. She brings the storytelling skills of her heritage and the business smarts of her entrepreneurial family to her work with individuals and groups. Dr. Barnsley graduated magna cum laude from Wake Forest University and studied in France and England before earning her MSc from the University of Edinburgh, Scotland and her PhD from the University of North Carolina at Chapel Hill. Prior to launching Spirited Solutions™, Dr. Barnsley taught at Wake Forest University, Duke University, and UNC-Chapel Hill. As a professional speaker, trainer, coach, and President of Spirited Solutions™, Dr. Barnsley gives you wings to soar, personally and professionally. She’s a member of numerous organizations including the National Speakers Association and the American Society of Training and Development. Her poems, articles, and work have been featured in newspapers, journals, and other publications. Dr. Barnsley particularly relishes presenting for business owners, busy professionals, women’s groups, and teachers who want to relieve stress and excel in what they do. She specializes in helping people create balanced, prosperous lives and work they love!



**June 28, 2012**

**11:30am - 1:00pm**

**City Club at de Rosset  
23 S. Second Street**

**\$40** \*Includes Lunch

Title Sponsor

# JB's

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**\*\*Tickets must be purchased in ADVANCE\*\***

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Mail this form along with payment to:

McColl & Associates

PO Box 3415

Wilmington, NC 28406 OR Fax: 910.350.0818